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Winthrop West Assisted Living, located on Technology Parkway in Rome, is a locally owned and operated senior living community specializing in Alzheimer's Care. We provide quality care with a servant's heart by a well trained staff including a medical director and a team of nurse practitioners.

Our programs and services are designed to promote individuality, dignity, respect and privacy while nurturing the spirit of each person in a safe, loving environment. Services include meal plans, social activities, weekly linen and housekeeping services, personal care assistance and 24 hour monitoring.

Management Team

Linda Russell
Executive Director

Sharlette Swain
Resident Services Director

David Duke
Activities Director

Esther Posey
Administrative Assistant

Gaynell Pittman
Food Services Director

New Residents

Mrs. Bess Meiner
Mrs. Linda Adair
Mrs. Adelle Samuel

New Employees

Michelle Barrett
Darniesa Carter
Natasha Posey

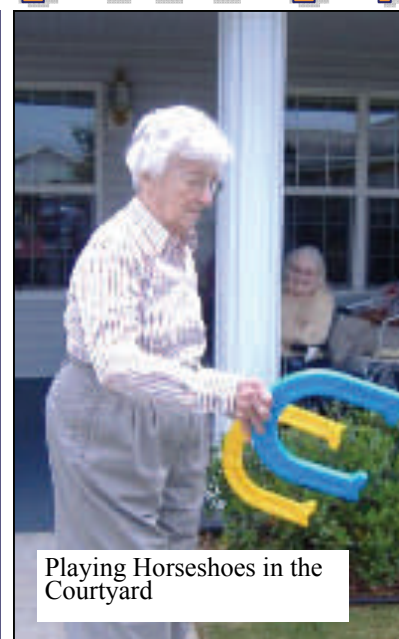
Happy Birthday!

Residents

Maxine Callahan-07/04
Linda Adair-07/05
Edwin "Ed" Clark-07/07
Benny Farmer-07/09
Melba Whorton-07/14

Staff

Doris Mostiller - 07/17
Dorothy Askew - 07/19
David Duke - 07/24
Tonya Newberry - 07/31



Playing Horseshoes in the Courtyard

**Make the Most
Of Every Day!**

July 2009

Winthrop West

Assisted Living Community

Specializing in Alzheimer's Care

A Note from Your Executive Director

Wow! Where did the year go already? July is here and you know what that means. Hot, Hot, and more Hot!

We will also celebrate our Nation's birthday on the Fourth of July. This will be my first fourth in Rome so I am looking forward to the celebration. Our country has been through some rough times this year but the trials have brought out the best in Americans all over this country. We always seem to be able to dust ourselves off, pick ourselves up, and keep going. It is my prayer every day that God will continue to bless this country and guide our leaders and protect our shores and the men and women who are serving to **Let Freedom Ring.**

"If my people who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land." 2 Chronicles 7:14

It is my prayer that God will use me to be an influence for good in my time. Father, please move to bring revival and healing to our time, our people, and our land. We desperately need your guidance, blessing, and character in our government and among our people. Amen

I am asking all the families who have e-mail addresses to share them with me so I can regularly contact you with an update about your loved one. I know everyone is busy and can't always be by the phone.

I would also like to remind our families to help us help you when a resident is going to the doctor by giving us an advance notice a day ahead if possible so that we can get the paperwork together to send with our residents.

Communication with the physician is vital to maintaining our ability to stay apprised of medication changes etc. and we can convey to the physician any changes or concerns we have and a list of medications the resident is currently taking.

Remember we have an Alzheimer's support group meeting at West every third Tuesday of the Month at 6:30pm for our families and for others in the community who may be caring for loved ones at home.

Have a safe and Happy Holiday.
With Love,
Linda Russell

Make the Most of Every Day!



Resident Spotlight



Marcia Jeannette Durham Wyrick was born in Alexandria, Louisiana on August 21, 1918. Her younger years in Alexandria were filled with wonderful stories of climbing pecan trees, sleeping on the porch of her neighbor's house, going on fishing trips, and participating in church and community activities. Marcia left Louisiana after receiving a BA degree in Home Economics from Northwestern Louisiana State University in Natchitoches, LA. At 22 years of age, Marcia moved to New York City and received her Master's Degree from Columbia University. She went to work at Madison College in Virginia as a dietician. There she met her husband, Lendon Wyrick who had just returned from serving in the Army in WWII. The couple married on June 21, 1945 and moved to Pittsfield, Massachusetts

where Lendon worked with General Electric as an electrical engineer. Their daughters Linda and Sally, were born before Lendon was transferred to the new GE plant in Rome in 1954.

Marcia began teaching at Rome High School in 1954 and later taught home economics, family living, and English at East Rome High School, until her retirement in 1978. As in her childhood, Marcia was always involved in her church and her community. She taught Sunday school at First United Methodist for over 30 years. She volunteered as a Pink Lady at Floyd Medical Center, was a member of AAUW, Delta Kappa Gamma Teachers' Sorority, PEO, FMC Circle Seven, Music Lovers' Association, and many other clubs and committees throughout her life.

Marcia was well known in the community for always being there to give a helping hand in any way she could. She sewed many costumes and cooked many meals and served in any way she could to help people. A devoted, wife, mother, and grandmother, Marcia is affectionately known as Nana to her four grandchildren, Johnny and Jason Winkle and Julie and Catherine Cox. She is the great-grandmother to Hannah Grace, Hudson, and Micah Winkle. This May 11th and 12th, 2009 respectively, Marcia became a great-grandmother to two new baby girls, Emily Catherine Winkle and Alice Catherine Mullally.

Marcia has shown extraordinary patience, love, hope, faith and devotion for all of her 90 years. She always said that she was stubborn like her maiden name, a Bull Durham, which she has proven over and over again. She always made each day a good, productive day as she remembers a favorite Bible verse. ***This is the day the Lord has made. Rejoice and be glad in it.***

We love you Mrs. Wyrick, thank you for being a part of the Winthrop West family and thank you for sharing your wonderful life with us.

Jean Brock Named Employee of the Month

This month Jean Brock was selected as the Winthrop West Employee of the Month.

Jean joined the Winthrop West team on October 22, 2008. She serves as a resident caregiver, and assumes the role of Med Tech as needed.

Jean exemplifies a loving and caring spirit for all residents. She is a team player who is reliable, dependable and a hard worker.

Jean we appreciate you and all the hard work you do and the genuine love and dedication you show to our residents.

Congratulations Jean Brock, this month's Employee Star!



Winthrop West Honors Centenarian



Alma Allen

Rome Braves Visit Winthrop West Residents



Filling our Days with Joy



Woody Woodfin

Heart and Soul Singing Group