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**Winthrop West Assisted Living**, located on Technology Parkway in Rome, is a locally owned and operated senior living community specializing in Alzheimer's Care. We provide quality care with a servant's heart by a well trained staff including a medical director and a team of nurse practitioners.

Our programs and services are designed to promote individuality, dignity, respect and privacy while nurturing the spirit of each person in a safe, loving environment. Services include meal plans, social activities, weekly linen and housekeeping services, personal care assistance and 24 hour monitoring.

### Management Team

**Linda Russell**  
*Executive Director*

**Sharlette Swain**  
*Resident Services Director*

**David Duke**  
*Activities Director*

**Esther Posey**  
*Administrative Assistant*

**Gaynell Pittman**  
*Food Services Director*

**Welcome New Resident**

**Fred "FA" Harmon**

### *My Dear, I Love You* *By Jerry Ham*

*From one who has Alzheimer's, and yes it is hard  
Just for a moment, let me share from my heart.  
Please forgive me for the things that I say.  
If I were well, I would not be this way.  
Although I can't tell you, I'm so glad you are here.  
But I know you are hurting, cause I see your tears.  
I wish I could tell you, what you mean to me.  
Could we please go back to what used to be?  
But no, we are here, and I'm a stranger it seems.  
Though I might wish otherwise, it's more than a dream  
Please, just remember, when I curse and yell,  
it's not really me that you see, just my shell.  
In spite of the difficult days we'll go through,  
this one thing is true...my Dear...I love you.*

December 2009

# Winthrop West

Assisted Living Community

*Specializing in Alzheimer's Care*

### A Note from Your Executive Director

*Christmas is.....  
A time to remember  
How far we've traveled,  
And to appreciate  
Those who shared  
The journey  
With us.*

**His Hands**  
*His hands were soft, small, and red  
On a crisp morn in Bethlehem...*

*His hands were strong, calloused, and  
scarred  
As He fashioned a new chair for home...*

*His hands were confident, gentle, and firm  
as He touched the sick and lame...  
His hands were broken, bleeding,  
and bruised  
as He gave His life away.*

*His hands are reaching out to mankind  
Drawing, beckoning, and holding us  
Close to the heart of God.  
May you feel the touch of His hands  
Each day and May God Bless  
your Christmas.*

*May you have Joy, Peace, and Love*

*Linda Russell*

*For unto you is born this  
day in the city of David,  
a Saviour, which is  
Christ the Lord*

**A Note from Esther:**

As 2009 draws to a close it's hard to believe that this year has literally flown by. Let us reflect on all the blessings and good fortunes that God has bestowed upon all of us individually and collectively. I pray that every one of you and your families have a safe and blessed holiday season.

This is a season full of merriment and joy. Christmas is the time we celebrate the birth of our Lord and Saviour Jesus Christ. Truly he is the reason for the season. May you and your families enjoy the parties and festivities of the season.

Our annual resident Christmas Party will be held on December 18<sup>th</sup>, 2009 at 6 P.M. Mr. Dick Tracy will provide musical entertainment for your listening pleasure. Also, Santa will make his grand appearance and be here to have photos made with you and your family. Please remind your families that we have limited space and we are requesting that you limit your guests to four per family this year. That way we hope to be able to seat everyone comfortably.

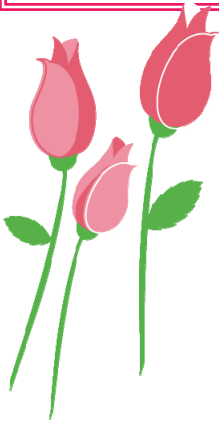
Also, if you are planning to join your family during the Christmas holidays, please notify the staff 24 hours in advance if medications are needed.

I will need an R. S. V. P. if you plan on staying here for dinner or if any of your family will be joining you for Christmas dinner. The cost will be \$7.00 each.

I am wishing every one of you a blessed Merry Christmas and Happy New Year!

God Bless,

Love to you all, Esther



## Annie Jones

Employee of the Month

We are proud to announce that our December employee of the month is Annie Jones. Annie has been employed by Winthrop West since January 19, 2007. She is an excellent caregiver and med-tech.

Her co-workers enjoy working with her and have described her as being

“so good to work with and so helpful. She is hard-working, dedicated, dependable, and willing to help out when needed. If you have a problem, you can always go to her.” This is indeed high praise from your fellow workers, Annie!

Congratulations for a job well done!

# Let's Party!



B-Team Angels



Second Avenue Baptist Church Choir



Charles Eaves and Rome High School students



Alma Allen-100 years young

## Resident Spotlight



**Thelma George Hendon** and her twin sister were born on October 28, 1915. They were the oldest children of William and Effie George. There were two other children in the George family, a sister and a brother. Thelma and her younger sister are the only living members of the William George family.

In 1935 Thelma married Emmett Hendon and they had two daughters, Betty H. Russell (Cedartown) and Melba H. Didrick (Rome). The couple celebrated their 70<sup>th</sup> wedding anniversary in May, 2005 before Emmett's death in July, 2005. Thelma is the proud grandmother of six grandchildren and eight great-grandchildren.

**Mrs. Hendon** spent many years helping her husband cotton farm and operate a small grocery store. She later worked in the Floyd County schools lunchroom program. At the time of her retirement she was the manager of the lunchroom at Krannert Elementary School.

**Thelma** has been an active member of Lakeview Baptist Church for over 40 years and is now the oldest living member of that church.

**Thelma** joined the Winthrop West family on October 29, 2007. We are very happy to have Thelma as a resident at Winthrop West, we love her and hope she enjoys living here and much as we love having her. Thank you Thelma for letting us spotlight you!

## Honoring Our Veterans

The Veteran's at Winthrop West were honored last month with a special celebration including a visit from a favorite entertainer, Jeffery Linc. The group was presented with gift bags and refreshments were served. Pictured are James Williams, John Foster and John Bowling.



### December Birthdays

Rebecca Maddox-12/18  
 Jane Lee-12/01  
 Allyson Neighbors-12/03  
 Deborah Nation-12/10  
 Canice Chatman-12/12  
 Inda Hooper-12/12

## That's Entertainment!



Left: Ron Messingill sings a medley of special tunes for the residents last month. Right: "B" Team Angels entertain with a special skit prepared for the residents. We are very blessed to have wonderful entertainers at Winthrop West each month!