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Winthrop West Assisted Living, located on Technology Parkway in Rome, is a locally owned and operated senior living community specializing in Alzheimer's Care. We provide quality care with a servant's heart by a well trained staff including a medical director and a team of nurse practitioners.

Our programs and services are designed to promote individuality, dignity, respect and privacy while nurturing the spirit of each person in a safe, loving environment. Services include meal plans, social activities, weekly linen and housekeeping services, personal care assistance and 24 hour monitoring.

Management Team

Linda Russell
Executive Director

Sharlette Swain
Resident Services Director

David Duke
Activities Director

Esther Posey
Administrative Assistant

Gaynell Pittman
Food Services Director

**Make the Most
Of Every Day!**

Happy Birthday!

Residents

Louise Rickman – 08/12
Marcia Wyrick- 08/21
Sara Ritchey – 08/23
Kathryn Barfield – 08/31

Staff

Natasha Posey – 08/14
Anthony Burton – 08/17
Linda Russell – 08/21
Mary Jean Brock – 08/31

August 2009

Winthrop West

Assisted Living Community

Specializing in Alzheimer's Care

A Note from Your Executive Director

Every once in a while and time and again, God creates and sends someone extraordinary to this world. He delivers someone who exemplifies strong character, trustworthiness, and leads by the example of their lives.

Some become famous and others just go through their everyday lives being who they are, not even realizing the impact they have on the people who cross paths with them.

I have had three touch me, who impacted many of the important decisions in my life of soon to be 61 years...Walter Cronkite, my father, Roy Kelly, and my daughter, Kelly Mann.

“And that’s the way it is...”

The year is now more than half over and I always become reflective of my life near my birthday and I pray I will have been a positive light of Christ’s love, and God will be able to say to me some day,

“Well done good and faithful servant “
It has been a privilege to serve Him at Winthrop.

In Christ’s love,
Linda Russell

Blessed Are They

*Blessed are they who understand
My faltering step and my palsied hand.*

*Blessed are they who know today
My ears must strain to catch what they say.*

*Blessed are they who never say,
“You’ve told that story three times
today.”*

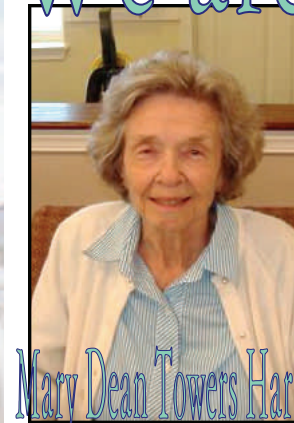
*Blessed are they who know the ways
To bring back memories of yesterdays.*

*Blessed are they with cheery smile
Who’ve stopped on their way to chat a while.*

*Blessed are they who ease the days
On my journey Home with loving ways.*

Author Unknown

We are Blessed



Mary Dean Towers Harris

What a blessing it is to share our days with so many wonderful residents, including Mary Dean Towers Harris, who has been selected this month as our “Resident in the Spotlight.” See story on Page 3.

Enjoying the Great Outdoors



Mary Ann North



Employee of the Month

The residents and management at Winthrop West are also very blessed to have a dedicated team of quality caregivers, including our August Employee of the Month, Mary Ann North. Mary Ann has been a member of the Winthrop team for 4 years and serves our residents in the Tranquility Care Unit. She has a loving and caring spirit and when faced with a challenge, remains calm, keeps smiling, and gently defuses any situation. On August 5th Ann will be leaving us, which will bring much sadness to everyone. Although she will be missed dearly, the staff and residents at Winthrop West wish her well and hope that she enjoys her new surroundings. She will be moving to Houston, Texas to be near her family.

Resident Spotlight

Mary Dean Towers Harris was selected as this month's resident in the spotlight. Mary was born in Baltimore, Maryland on February 27, 1921 and spent the first six year of her life in Texas before moving to Rome. Her family roots are very deep in Floyd County. She grew up on Coral Ave. and some of her fondest memories are of this home and all the fun and excitement that occurred with her three other siblings. Mary's father was general manager of the Anchor Duck Mills.

Mary graduated from Cooper Hall in Rome and attended Hollins College in Roanoke, Virginia. Being full of adventure, she then drove a double clutch truck during World War II. At the conclusion of the War, she felt the need for more education and attended the Columbia Presbyterian Nursing School in New York City, where she received a nursing degree.

After graduation, Mary met Jackson Broach Harris (also from Rome) and the couple were married on October 26, 1949. The couple had two beautiful daughters, Diane Harris Ogletree and Linda Harris Hine, who both reside in Rome. Mary has six grandchildren and one great-grandson, and enjoys spending time with all of them.

Mary is a lifetime member of the First Presbyterian Church of Rome and has played an active role in many local civic organizations. She also served as a nurse at Floyd Hospital for some years.

Mary Dean has only been at Winthrop West for a few months, but she quickly won the hearts of many here. We are all proud to know her, and feel blessed that she is a part of our lives. (see photo, page 1)

Enriching Lives... With daily activities

