

# Winthrop Polk

131 Melissa Lane  
Cedartown, Georgia  
770-749-0905  
winthroppolk@cwreic.com

WE'RE ON THE WEB!

WWW.CWREIC.COM

Check Your Calendar



## Management Team

Carol Saunders  
Executive Director

Diane Jackson  
Resident Services Director

Dale Janes  
Food Services Director

Pattie Roberts  
Activity Director

Answers to page 3 puzzle

- 1) tan + go = tango.
- 2) ad + dress = address.
- 3) car + pet = carpet.
- 4) sea + son = season.
- 5) pop + corn = popcorn.

- \*The Beauty Shop is open every Wednesday.
- \*Get a manicure on Mondays at 1:30 pm.
- \*Happy Hour every Wednesday at 3:00 p.m.
- \*Church service every Sunday at 9:30
- \*Exercise-every day at 11:00
- \*December 3 Christmas Open House 5-7 pm
- \*December 23 Jimmy and Jean Saunders sing at 2:00
- \*December 5 Randy Vines and Family sing at 2:00
- \*December 9 1st Baptist Church sings
- \*December 11 Jimmy and Ann Wright sing at 2:00
- \*December 18 Cherokee Middle School at 10:00
- \*December 17 Out to Lunch at China House Buffet
- \*December 31 New Year's Eve Party at 1:30

December 2009

# Winthrop at Polk

Assisted Living Community

## From Your Executive Director...

*December...the last month in the year...where has time gone?*

There are lots of ways to say it: "Time flies when you're having fun" is the saying that most often comes to mind. C.S. Lewis had another version: "The future is something which everyone reaches at the rate of sixty minutes an hour, whatever he does, whoever he is". Will Rogers said, "Half our life is spent trying to find something to do with the time we have rushed through life trying to save".

As I get older birthdays and Christmas seem to come much sooner and though I seem less ready for the Holidays every year I am also that much happier and appreciative to see the celebration of life return. I was looking at some old pictures with my parents recently and many were of us kids opening the Christmas presents that Santa brought us. My parents were not wealthy. Mom had her hands full looking after five of us and even while in the military, Daddy worked several part time off base jobs just to feed us and put a roof over our heads...but Santa always came somehow and we celebrated. I can remember going to church for the Christmas services when we were on Homestead AFB. There were two services, one Catholic and one Protestant but that didn't seem to matter much. The services were beautiful, the celebration energetic, and we always enjoyed attending.

When we moved back to Georgia my older Sister Deborah and I were very active in Choir at First Baptist. We were also chosen to sing in a group called the "Decibels". There were just 8 to 10 girls chosen every 4 or 5 years to be in this group so Deborah and I felt very honored. One of the highlights of being in this group was singing in the candlelight service each year.

Christmas services are special at every church and I might be a little biased but the candlelight service at First Baptist here in Cedartown is a celebration second to none in my book. The church is always packed and everyone from the youngest children's choirs to the Senior group is singing.

After a number of years away I am now a member of the choir and am looking forward to singing in the candlelight service again with the giddy excitement of a little girl. When I go to practice each week and sing I have a lump in my throat and feel the spirit of God wash over me. I can't wait until the Candlelight service of this month and hope that all of you can join us in celebration the evening of Sunday December 20<sup>th</sup>.

Oh, and here's my favorite saying about time and life: "Dance as though no one is watching you, love as though you have never been hurt before, sing as though no one can hear you, live as though heaven is on earth." ~ Souza

Have a wonderful Christmas, Love, Carol



# Quilt Show



Several residents and staff members proudly showed off some of their beautiful quilts last month during our Happy Hour Quilt show. Lucille Coalson's daughter brought some of the quilts that she made in the 1980's. There was a wide selection of other lovely quilts to admire including a sampler quilt, a double wedding ring quilt, floral quilts and many other lovely patterns.

# Birthday Girls



Mary Gladys Garrett



Mrs. Henderson

# Resident of the Month



**Mrs. Frances Kathleen (Gann) Edwards** was born to the late Mr. Monroe Gann and Mrs. Mattie (Witcher) Gann on August 14, 1921 in Cherokee County, Alabama where she was raised in a small community just over the Georgia Line along with 2 sisters, Miss Mildred Pauline Gann and Mrs. Dorothy Mae (Gann) Rainey and one brother, Mr. Thurmon Gann.

As a child, Frances never got the opportunity to finish school, she and her siblings were forced to quit school and go to work to help support the family. Frances and her brothers and sisters all went to work in the fields picking cotton. They lived close to a small spring fed creek where they would haul water and pick fresh watercress from the creek for their mother to cook. She also learned to sew, crochet as a child, which became her hobbies later in life, she made most of her clothes, curtains, crocheted afghans, pillow tops, and other items.

On December 7, 1941 at the age of 20, she was married to Mr. Joseph Cecil Edwards who had recently received an Honorable Discharge from the United States Army where he served as PFC in the Medical Department. After they were married, they relocated to Dublin, Georgia where they opened and operated a Gulf Service Station for several years before moving back to Rome, Georgia. After they were back in Rome, they opened a convenience store in Rockmart, Georgia called the "The Big 'E'" and then went into a partnership business with their brother-in-law, Mr. Thomas Marland Rainey (husband of Dorothy Rainey). The business was a well known fast food restaurant located on South Main Street in Cedartown, Ga. known as the "Tastee Freeze". This was a well known landmark in Cedartown for many years. After several successful years they were forced to sell the business due to health problems with her husband, Joe Edwards.

Frances' husband, Joe Edwards passed away in 1981. Frances remained at their home in Rome where she became active in the Church, to include the Ladies Committee who were very active in several different charities and organizations in the area. Frances had many friends in the church and community and each and every one of them would gladly tell you what a blessing that they had in Frances. Frances continued living in Rome, Georgia with the same values that her mother taught her so well.

We are very proud that Frances decided to make Winthrop Polk her home and we are delighted to be a part of her life!

# Events in November



# Keep That Brain Fit!

Add together each of the defined words to get a whole new word. Example: to shout + what you say when you feel pain = a color = yellow.

- 1) A light brown color + to leave = a dance.
- 2) A store's announcement + a type of women's clothing = a building's location.
- 3) A vehicle + an animal pal = a floor covering.
- 4) The ocean + a father's boy = part of the year.
- 5) Another name for dad + a yellow veggie = a white fluffy snack. (answers on page 4)

