



131 Melissa Lane
 Cedartown, Georgia
 770-749-0905
 winthroppolk@cwreic.com

WE'RE ON THE WEB!

WWW.CWREIC.COM

Check Your Calendar



Management Team

Carol Saunders
Executive Director

Diane Jackson
Resident Services Director

Dale Janes
Food Services Director

Pattie Roberts
Activity Director

- *The Beauty Shop is open every Wednesday.
- *Get a manicure on Mondays at 1:00 pm.
- *Happy Hour every Wednesday at 3:00 p.m.
- *Church service every Sunday at 9:30
- *Exercise-every day at 11:00
- *August 8-Melody Makers Sing at 3:00
- *August 12 Jimmy & Jean Sanders sing at 3:00
- *August 13 Pam Graves Bingo at 11:00
- *August 14 Fuller Mobility Fall Prevention 2:00
- *August 19 Jimmy and Ann Wright sing at 2:00
- *August 20 Resident Council Meeting 2:00
- *August 22 Randy Vines sing at 3:00
- *August 27-Out to Eat, Pizza Hut 11:30
- *August 27 Alzheimer's Association Support Group-7:00
- *August 30 Calvary Heirs sing at 3:00
- *August 31 Boot Spencer sings at 10:00

August 2009

Winthrop at Polk

Assisted Living Community

From Your Executive Director

August. It's time for "back to school" and the end of summer vacations. Parents and kids are all excited about getting everything ready for the first day of school.

Often, when we think of back to school, we are reminded of some of our favorite teachers. Those who inspired us to achieve more and excel in life. I am very fortunate to have had several mentors. One of my favorites was Mrs. Sis Veach, who taught Home Economics at Cedartown High School. All the students loved to be in her class, the boys as well as the girls. It was a clamor each year to see if you were one of the fortunate ones to have a place in her class.

Mrs. Veach had a special way about her and she always made it fun to learn to cook. On those days that the students got to cook, she let us choose the food item that we wanted to prepare-anything from hamburgers to deer meat. She vowed to help prepare anything we brought her way.

There were several senior boys who set out to challenge Mrs. Veach by bringing in deer roast. True to her word, she took that deer roast and helped the boys prepare a delicious meal!

We always learned a valuable lesson from Mrs. Veach. She taught us more than cooking and cleaning; she instilled in us values and commitment and we all left that class much better human beings. She was that special someone that you always knew that you could depend on. She led by example, and we all knew that every Sunday we could find her teaching a class in Sunday School.

I also had many other teachers who may not have taught in the schools but educated me in the finer points of being a good person. Ann Floyd, my Girl Scout leader was one of those special mentors. Mrs. Floyd opened her heart and home to the girls in her troop, taught us a sense of community, and instilled in us the lessons of a Girl Scout.

We all have the Sunday School teachers, the church choir directors and friends that certainly have earned the title of teacher. Sometimes we just don't realize that God put these people in our path to help us grow in the right direction and to help mold us into the people we are today. They teach us to be more compassionate of others by example and deeds.

I feel very blessed to have had all of these wonderful teachers in my life. The most important teachers I had were my parents and grandparents. They taught me every day that among the most valuable and important lessons in life is to treat others as I would treat myself.

Funny, the more I learn about that one, the more I realize I still have to learn.

Have a great month, Carol

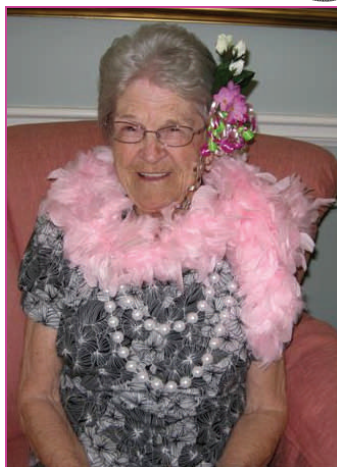
Livin'!

La Vita Loca



Resident of the Month

Lucille Coalson



Lucille Coalson was born in Polk County to Lizzie and Bob Smith and lived in Aragon until her move to Winthrop at Polk. Her father died due to a heart attack when she was only 14. Lucille went to work at the Aragon Mill when she was about 16 and worked there until she married.

Lucille is the proud mother of three daughters, Gail Rayburn, Kathy McDowell and Wanda Waddell. She also has 6 grandchildren and 12 great-grandchildren, one of whom (Keylan Waddell) lived only three weeks. She is looking forward to the birth of another great-grandchild in January.

Lucille returned to the work force in 1962 and worked at the Aragon Mill and Good-year Mill in Cartersville until she retired in 1988. After retirement, Lucille worked part-time as a hostess at Hardees and then McDonalds in Rockmart, and then worked as a file clerk at the Polk County Health Department in Rockmart.

Lucille began quilting in 1980 and completed many quilts and other sewing projects over the years for friends and family. Although she is no longer able to quilt due to her health, she continues to enjoy the beauty of quilting and caring for her plants.

We are all so proud to have Lucille as a member of the Winthrop family!

Events and Activities



4th of July Celebration

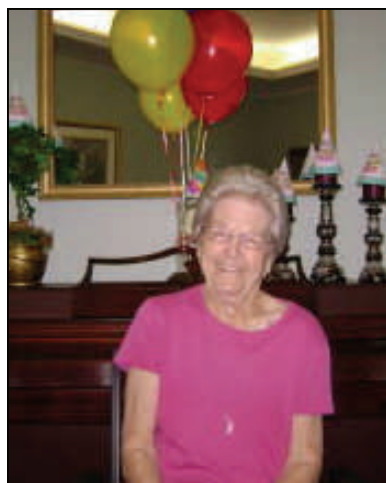
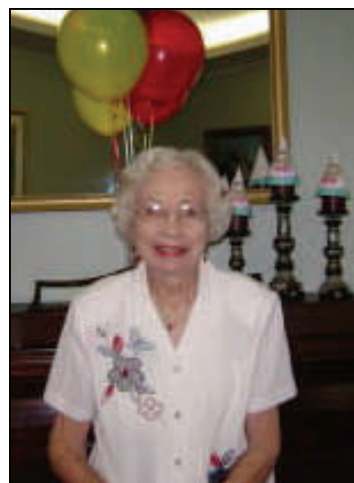


B Team Angels

Local Talent



Jimmy & Jean Sanders



We Love Celebrating Birthdays!

Gladys Byers 8-2

Myrtle Barrett 8-11

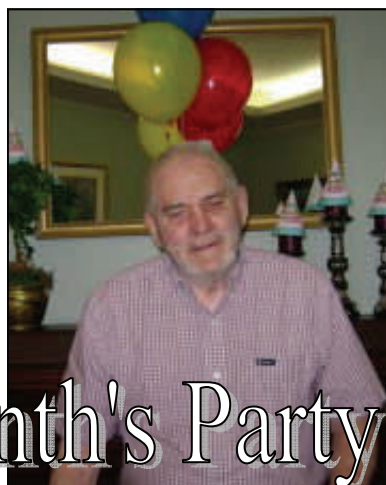
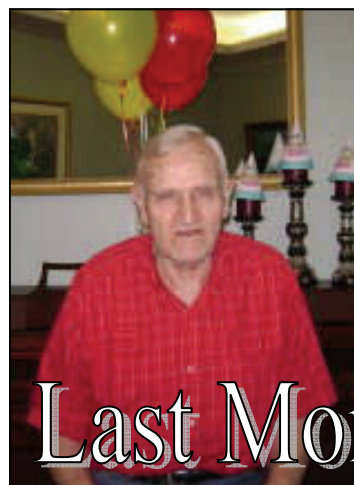
Frances Edwards 8-14

Marjorie Meeler 8-21

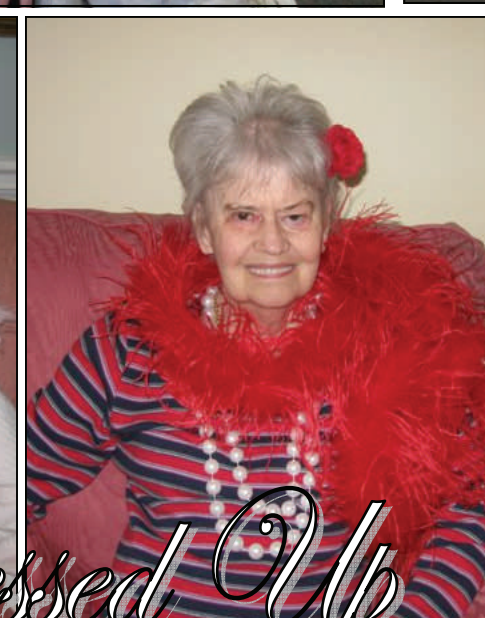
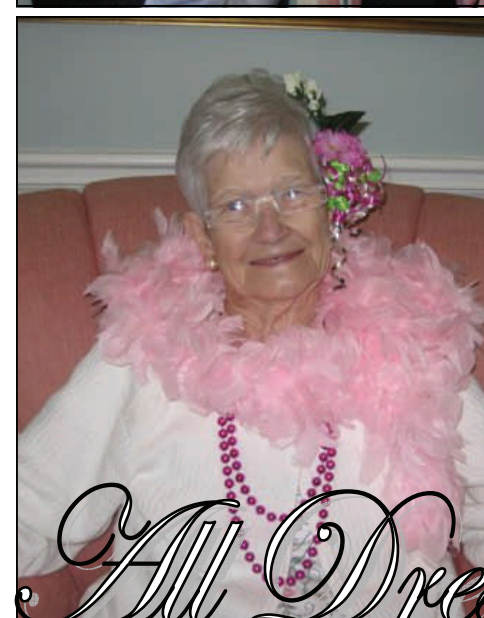
And in the end, it's not the years in your life that count.

It's the life in your years.

Abraham Lincoln



Last Month's Party



All Dressed Up