

# Winthrop Court

10 Highway 411 East  
Rome, Georgia 30161

Phone: 706-236-2500  
Fax: 706-236-2505  
www.cwreic.com

*Winthrop Court, located on Highway 411 East in Rome, is a locally owned and operated senior living community. Offering a real taste of home, this community specializes in assisted and independent living with services such as meal plans, social activities, transportation, respite care, personal care assistance and 24 hour monitoring. Our programs and services are designed to promote individuality, dignity, respect and privacy while nurturing the spirit of each person in a safe, nurturing environment.*

## MANAGEMENT TEAM

**Cynthia Murphy**  
*Executive Director*

**Jan Churchill**  
*Resident Services Director*

**David Duke**  
*Activities Director*

**Laura Harrison**  
*Transportation & Activities*

**Polly Law**  
*Administrative Assistant*

**Doris Reynolds**  
*Food Services Director*

# Winthrop

## A Very Special Thank You To:

*Tammy Bryant with the Rome, Floyd Parks and Recreation for the fun filled afternoon with the Summer Senior Olympics recently held at Winthrop Court.*

### Special Entertainment:

Big Time Products  
Frances and Phil Herron-world travel  
Children of Winthrop Academy  
Tom Burnett  
Terri Helton  
Georgia Mountain Music  
McGuire, Jennings, Miller Funeral Home  
Southern Sweetheart Cloggers  
Doris Green  
Melanie Wood  
Jane Conda  
Shirley Satcher

### Bible Study:

Harry Taft  
Jim Davis  
Tom Carver, First Presbyterian Church  
Bob Horsley, First Presbyterian  
Charles Williams, First Presbyterian  
Margaret Callicott, First Presbyterian  
2<sup>nd</sup> Avenue Baptist Church  
First Baptist Church Lindale  
West Rome Baptist Church  
First Baptist Church Rome

### Health Care Agencies:

Lisa Hawthorn- Floyd Hospice  
Fran Headrick-Wal-Mart Eye Care  
DeAnne Barnes-Healthfield Hospice  
Zada Davis, Coosa Valley Home Health Care

Thank you



Volunteers

# Winthrop Court

Senior Living Community

August 2009

LIVE LIFE WITH US!

## A Message from the Executive Director

### It's August and what news do I have...

Well, by now most everyone knows that Mike and I got married in June! Yep, we did it. So many of you have asked me for years "when are you going to get married" and I would respond "I do not know"...and Mike would do the same when asked by friends and acquaintances. We both were happy with our situation. Have you ever heard the expression "why break something that is not broken"? That was how we felt. For ten years we have had a wonderful time growing and learning with one another. Why would we want to change a good thing?

I believe sometimes we do not want to change because we get comfortable and then we do not have to think or worry about learning something different. I believe God offers changes for one to grow and learn. I believe when an individual is led to make a change in their life, it is an opportunity to depend upon him. God has been patient with both Mike and I and certainly has allowed us to take our time in making this change in our lives. But after months of his patience, I truly feel God has embraced us and has brought us to where we have embraced this change with excitement and willingness to grow.

Marriage for the second time is different and because both of us had already experienced marriage, we understand the test of commitment somewhat better than when we first married. Mike and I honor commitment and we recognize our partnership together. We both seem to respect one another and seem to allow our individuality to remain; yet we blend together and support one another even when we would rather act differently.

Our ceremony was simple, yet so precious. It was a very private, meaningful service. We had just our children and my uncle who married us. It was "our ceremony" and one that we wanted to remain so intimate. I knew that getting married again would be a very big step for me and I knew my emotions would be tender and sensitive. No doubt, I wanted to marry Mike and begin my new life with him yet remember so tenderly a love in my past. Never in your dreams do you begin your first marriage and ever anticipate doing it again with your children as your witness! So that in itself can make your emotions rise, at least if you are a sensitive, silly woman! Yet, I have to say I believe Mike was just as emotional as I was that day, well maybe not as much but he demonstrated some emotions also.

At any rate, we have turned the corner and we are on our way down a new path together. I thank God daily for this man and pray that we can grow spiritually together. I pray that we can continue to allow one another the freedom to be whom God wants. I pray that we will have good health and many years of happiness. I pray that I can never lose sight of his tenderness, his laughter, his love for me, his love for our (his/my) children; his love for his mother; his love for his country and his love for mankind. He is also handsome and a good "dad" to Lady.

And now that I have written such wonderful words about my new husband, I trust that he will have read this just in time to remember that August is the month of my birthday. I won't bore you with stories this month since I confess I would have lots of years to share and you probably would grow tired of reading. I will say, I am more appreciative of life and try hard NOT to forget my AARP payment each year. I am more appreciative with what I have and less worried about what I do not. I am more appreciative of today and yet I can cherish my memories. I love my new husband and my new life with him. I look forward to any day I can spend with any of my children and treasure each growing step my grandson takes. I value my true friends and for those that have confused me, I pray. So, Happy Birthday to me...and, many more !!!!

Love to each  
Cynthia



# Summer Senior Olympics

## At Winthrop Court

Last month the residents at Winthrop Court participated in a Senior Olympics Day. With the generous help of Tammy Bryant, Rome Floyd Parks and Recreation, many walked away with red, white and blue ribbons to declare their victories. Residents were challenged to games of golf, tennis, bowling, horseshoes, tossing footballs and twirling a hula hoop. Pictured left to right are some of the winners of the Olympics:

Dr. Edwards Whatley and Elsa Patterson show of 1st, 2nd, and 3rd place ribbons.



## A Watermelon Good Time!

## Brenda Michalson Employee of the Month

Brenda Nicholson is a valuable member of the dietary department at Winthrop Court. Brenda's schedule as a cook calls for her to be on duty most days at 5:00 AM. She also works some in the afternoon and helps prepare the evening meal.

Brenda travels to and from work on a bicycle. Regardless of the time of day, you can find her on her bike, often before or after daylight.

Brenda is the very proud mother of four children, 17 grandchildren and 3 great children. She is a very small lady in stature, but when you get to know her, you will see that she has a huge heart and a loving disposition.

Brenda was chosen to be the employee of the month for her most recent "step up to the plate" mission. Most everyone is aware that Doris Reynolds's mother, Mrs. Moore, recently passed away. Brenda was more than willing to take the schedule and make immediate adjustments so that Doris could spend time with her family. Brenda offered to open and work the breakfast shift for seven mornings straight, not counting that she had already worked four consecutive mornings the week before. There are few of us that would have been able to manage this grueling schedule and certainly not without a single complaint.

Brenda is very dependable. She is scheduled to work every weekend to open the kitchen and has never called in sick or been late. We commend her dependability, pleasant attitude and willingness to help resolve a problem in a crisis.



*Make a Note!*  
Swap and Shop  
Secondhand Wardrobe Day

August 25<sup>th</sup>  
2:00-4:00

On August 25, from 2:00-4:00 pm, Winthrop Court is holding a "Swap and Shop" event. We encourage all of our residents to bring unwanted, clean clothes and good used household and decorative items to our Swap & Shop. If any of our residents families would like to donate items we will welcome them as well. Maybe some of you have changed colors in your home and have throw pillows or pictures, etc. that our residents might be interested in. This will be fun for our residents and give them a chance to change their surroundings at no expense.

For more information or to donate items for our swap and shop, call Laura Harrison at 706-236-2500.

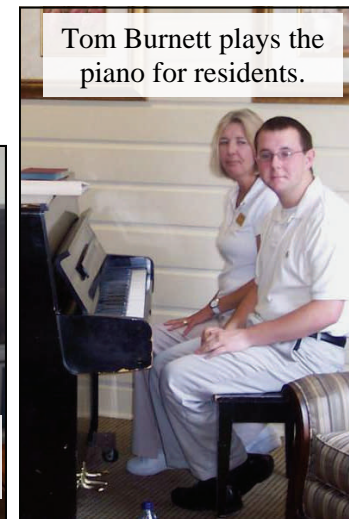
## We are Blessed With Special Entertainment



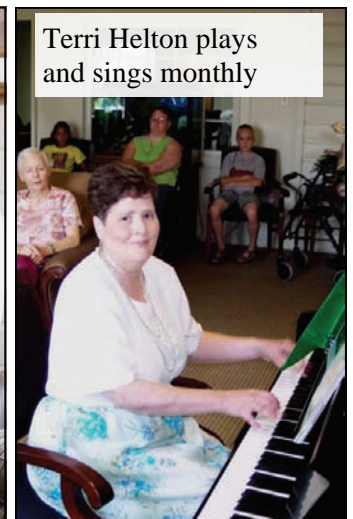
Frances & Phil Herron share stories of world travel



James Hancock sings



Tom Burnett plays the piano for residents.



Terri Helton plays and sings monthly