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Winthrop West Assisted Living, located on Technology Parkway in Rome, is a locally owned and operated senior living community specializing in Alzheimer's Care. We provide quality care with a servant's heart by a well trained staff including a medical director and a team of nurse practitioners.

Our programs and services are designed to promote individuality, dignity, respect and privacy while nurturing the spirit of each person in a safe, loving environment. Services include meal plans, social activities, weekly linen and housekeeping services, personal care assistance and 24 hour monitoring.

Management Team

Linda Russell
Executive Director

Sharlette Swain
Resident Services Director

David Duke
Activities Director

Esther Posey
Administrative Assistant

Gaynell Pittman
Food Services Director

Having a Ball!



Specializing in Alzheimer's Care

**Jesus came to earth,
To show us how to live,
How to put others first,
How to love and how to give.**

**Then He set about His work,
That God sent Him to do;
He took our punishment on
Himself;
Calling angels from above,
But he chose to pay our price for
sin;
He paid it out of love.**

**Our Lord died on Good Friday,
But the cross did not destroy
His resurrection on Easter
morn
That fills our hearts with joy.**

**Now we know our earthly death,
Like His, is just a rest.
We'll be forever with Him
In Heaven, where life is best.**

**So we live our lives for Jesus,
Think of Him in all we do.
Thank you Savior; Thank you
Lord.**

**"This bitter cup let it pass from me"
"Yet not my will, but thine be done"**

**Help us love like you!
Linda Russell**

The Resurrection
gives my life meaning and direction
and the opportunity to
start over
no matter what my circumstances

Robert Flatt



Resident Spotlight



William Bowling

John William Bowling was born May 18, 1925 in Childersburg, AL. He was the fifth oldest child of Marvin and Annie Bowling's eleven children. John was married to Orvleen (Bobbie) Farmer for over 48 years before her passing in 2000. John has a son, Johnny (Rome), daughter Johnene and son-in-law Frank (Pelham, AL), and three beautiful granddaughters Hillary, Hayley, and Savannah.

John is a Navy Veteran of World War II. He was the butcher of Moody Brothers Feed, Seed, and Supply store of Childersburg, which evolved into the oldest operating business of Talladega County before its closure. John retired from Alabama Power Company as a security guard at Logan Martin Dam. While with Alabama Power Company, he held the Marksman Achievement Award, for many years, as first place in pistol competition, for all security guards employed at their dams.

John has been a member of First Baptist Church, Childersburg, AL for over 65 years.

John moved to Winthrop West October 4, 2009. Since moving to Winthrop West he has become our official doorkeeper.

We love Mr. Bowling and we are happy that he is a part of the Winthrop West family. Thank you for letting us spotlight you, Mr. Bowling.

Welcome *New Residents!*
Eudine Lewis
Tom & Martha Mayes
Charlotte Terrell
Mary Boyd

Celebrating Birthdays



Ada Poe – 04/12
Noma McCrickard – 04/22
Frank Chastain – 04/29
James Williams – 04/30
Doris Patterson – 04/10
Doreen Attard – 04/12
Belinda Haines – 04/29

A Very Good Day

Tim Brennan

*Fighting our battles
with confusion each day,*

*Routines are established
to keep befuddlement at bay.*

*We watch for stress
and avoid mental fatigue,*

*harmonious striving to make
mind and body agree.*

*We can still make decisions
and want to interact*

*With those called normal;
but it's a balancing act.*

*Simple is much better and less is okay -
Our motto for having a very, good day.*

*Tim has early onset Alzheimer's disease.
This is just one of several beautiful
poems he has written.*

Doris Mostiller Named Employee of the Month



Doris has been a part of the Winthrop West team for six years as a valuable member of the Dietary Department. Not only does she always have a beautiful smile and warm welcome for everyone she meets, she also is one of the most dependable employees at Winthrop West. She puts her special touch on everything she does and each meal she cooks she adds a little dash of love.

One of our residents had a wonderful compliment for Doris. Doris is always very happy and very ready to please everyone. She is a very nice person. She seems to enjoy her work and she loves to sing and dance, always happy with a smile on her face. It is a pleasure to watch her work"

Doris truly loves the residents and her fellow employees and she expresses it daily. Thank you Doris for six wonderful years.

Activities and Events



Rome High students doing Bubble Art with residents.



Mr. Arasmith and Carolyn Sullivan dance a jig.



Lakeview Baptist Church visited Winthrop West recently and entertained with beautiful songs.



Benny Farmer dancing to music by special guest Jeffrey Linc.