

Winthrop Polk

131 Melissa Lane
Cedartown, Georgia
770-749-0905
winthropolk@cwreic.com

WE'RE ON THE WEB!

WWW.CWREIC.COM

Management Team

Carol Saunders
Executive Director

Diane Jackson
Resident Services Director

Lisa Fuller
Food Services Director

Pattie Roberts
Activity Director

Check Your Calendar



- *The Beauty Shop is open every Wednesday.
- *Get a manicure on Mondays at 1:30 pm.
- *Happy Hour every Wednesday at 3:00 p.m.
- *Church service every Sunday at 9:30
- *Exercise-every day at 11:00
- *April 3 Randy Vines sings at 10:00
- *April 10 Crystal River sings at 2:00
- *April 11 Evelyn Haskins sings at 3:00
- *April 14 Jimmy and Jean Sanders sings at 2:00
- *April 21 Jim and Ann Wright sing at 2:00
- *April 22-Resident Council Meeting at 2:00
- *April 23 Out to Eat Bojangles at 11:30
- *April 26 Booty Spencer sings at 10:00

Page 3 answer to
riddle:

Your Reflection



April 2010

Winthrop at Polk

Assisted Living Community

From Your Executive Director...

April...the daffodils are blooming, the flowering cherry trees are exploding with beautiful pink flowers. Very soon we will begin the perennial battle with the annoying pollen and many of us will struggle with the allergies and annoyances it brings. Although we have to deal with everything turning lime green, we also know that this is just a brief introduction to a new season, a new chapter in all our lives.

All of Northwest Georgia has experienced a very cold, wet, nasty winter and more snow here than I can recall in many years. I am so ready for spring. I look forward to getting outside and enjoying the beautiful warm weather and admiring all of God's seasonal creations. The rainbow of colors that comes along with spring almost make it worth while to deal with the lime green pollen!

We have welcomed several new residents over the winter months but sadly, also said good bye to a few. We have rejoiced and cried, and shared many wonderful milestones. One such milestone was the 99th birthday celebration for Mary Lou Davis.

Can you imagine all the changes and events that Mary Lou has experienced in her life? She still vividly recalls her childhood and growing up in Cedartown when the primary form of transportation was a horse and buggy on Main Street, when a man delivered ice to her door, and how excited she was to listen to her favorite shows on the radio. Well a lot of things have changed over the years, many for the good and others maybe not so much.

Spring is a time of change and renewal, a yearly reminder that with faith and God's love I can indeed shape my world and help those around me. With anticipation I plan to absorb the warmth, beauty and splendor of spring and we can all look forward to rocking on the porch and weekend cookouts with family and friends.

*Have a great month!
Love Carol*

A Beautiful Life

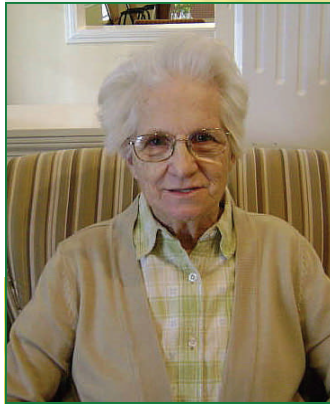


does not just happen,

*It is built daily by prayer,
humility, sacrifice and love.*

Resident of the Month

Betty Louise Butler



Betty Louise Butler, lovingly known as Louise, was born in Atlanta, GA on June 7 to Bruce and Lottie Richard. She has been married to Herman Butler, Sr. (the love of her life) for 56 years. He currently resides at Cedar Valley Nursing and Rehab.

Betty has one younger sister, Lois and three younger brothers, Douglas, Danny and Kenneth.

Louise has five children, Donna, Chuck, Dawn, Dana and Deedra. She is the proud grandmother of eight beautiful grand children, three step grand children, three great grand children and three step great grand children.

Louise worked for the Atlanta Journal for ten years and retired at the same time her husband retired from General Motors after 30 years of service.

Louise is a kind and caring person. She loves to have fun. She enjoys being outside when it is warm and loves to watch hummingbirds.



Daily Activities



Celebrating Life's Milestones

At Winthrop Polk



On March 15, friends and relatives gathered together to celebrate the 99th birthday of Mr. Mary Lou Davis. The festivities included special guests, delicious food and plenty of fellowship, which included reminiscing about the good old days. A great time was had by all, and Mrs. Davis offered a few pointers for living a long, healthy life, including playing bridge to keep your mind sharp.

She also shared stories about living through the Great Depression, and how she had only one pair of shoes to keep her feet warm in the winter, and had to go barefoot all summer. She also made her clothes from old flour sacks.

Keep That Brain Fit!



A riddle game is played below, Can you name this charming fellow?

Someone looks me in the eye, I know who, and I know why
I know them well, and they know me, A very special bond, have we

We share the same thoughts, and the same place
We agree always in every case, Linked to the very last degree
If I should die then so would he

I never see my friend once blink, Nor twice nor ever, I should think
Though I will see him sometimes wink, But I see him come to the very brink,
Of when his eyes will finally blink

Everyone has a friend like mine, Some hate them, some think them fine
Some people love them more than air, Whilst others wish they were not there

Mine will not move without consent, Though I could not make him repent
I like him, though, for when I smile, He smiles back for all the while

A PRAYER IN SPRING

Robert Frost

*Oh, give us pleasure in the flowers to-day;
And give us not to think so far away
As the uncertain harvest; keep us here
All simply in the springing of the year.*

*Oh, give us pleasure in the orchard white,
Like nothing else by day, like ghosts by night;
And make us happy in the happy bees,
The swarm dilating round the perfect trees.*

*And make us happy in the darting bird
That suddenly above the bees is heard,
The meteor that thrusts in with needle bill,
And off a blossom in mid air stands still.*

*For this is love and nothing else is love,
The which it is reserved for God above
To sanctify to what far ends He will,
But which it only needs that we fulfill*