

# Winthrop Court

10 Highway 411 East  
Rome, Georgia 30161

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*Winthrop Court, located on Highway 411 East in Rome, is a locally owned and operated senior living community. Offering a real taste of home, this community specializes in assisted and independent living with services such as meal plans, social activities, transportation, respite care, personal care assistance and 24 hour monitoring. Our programs and services are designed to promote individuality, dignity, respect and privacy while nurturing the spirit of each person in a safe, nurturing environment.*

## MANAGEMENT TEAM

**Cynthia Murphy  
Burnes**

*Executive Director*

**Brenda Grissom LPN**

*Resident Services Director*

**David Duke**

*Activities Director*

**Laura Harrison**

*Transportation & Activities*

**Polly Law**

*Administrative Assistant*

**Doris Reynolds**

*Food Services Director*

Winthrop Court

*A Very Special Thank You to Allie Mackimm, Reba Barnes, and Darlington School Students for the wonderful time shared with the residents of Winthrop Court. The students came out and played games and challenged our residents with their skills. They played the piano and entertained us with their talents. This was arranged by Allie Mackimm with the help of Reba Barnes. We look forward to our next program in March.*

### Meeting our Spiritual Needs:

First Baptist Church Lindale  
West Rome Baptist Church  
Harry Taft, New Hope Chapel Baptist Church  
Tom Carver, 1<sup>st</sup> Presbyterian  
Bob Horsley, 1<sup>st</sup> Presbyterian  
Charles Williams, 1<sup>st</sup> Presbyterian  
Margaret Callicott, 1<sup>st</sup> Presbyterian  
Ron Crockrell, First United Methodist Church  
Rev. Woody Woodfin & Scotty  
Rev. Detrick Redding  
Jim Davis

### Health Care Agencies:

Zada Davis, Coosa Valley Home Health  
Lori Omalia, Floyd Hospice

### Other Volunteers:

Gail Mull  
Doris Green  
Dottie Munchoff  
Wal-Mart Super Center  
Kroger Shopping Center  
Cub Scout Troup from St. Mary's  
Winthrop Academy  
Allie Mackimm  
Reba Barnes  
Darlington Students  
Dixie Stompers  
Marshall Plants  
Robby Silver  
Barry Gable  
Shirley & Don Adams  
Bob Davis Trio  
Tiny & Marylis VanKleff  
Joyce Phillips

 **Thank You!**

# Winthrop Court

Senior Living Community

March 2010

## A Message from the Executive Director

LIVE LIFE WITH US!

Should we expect *Spring* early? I do not think so... Groundhog Day came and the cold weather news... Six more weeks of winter! So far we have experienced a lot of winter! We saw the snow, some ice and just felt the bitterly cold air!

On these wintery days, I am often reminded that we have the very best team of caregiver's at Winthrop Court. They come to work regardless of the weather conditions and often when driving conditions are not very favorable. They are committed to the residents and go above and beyond the call of duty on many occasions. Sometimes we fail to commend them on a job well done, and I want to take this opportunity to say thank you to our caregiver's....they are the BEST!!!

Having to change our schedule due to unpredictable weather can be challenging. One might think that God is testing our patience or attitude. Obviously, we all know the weather is God's work and just how we respond to his work is a test of our faith. As Executive Director, I was tested...I needed to be reassured that everything would continue as "normal" and the care and safety of our residents would all be ensured. I needed to know that my staff would arrive safely to work and that the residents would receive the care they needed.

During our most recent snow and ice storm, I could not have asked for a better team to come together. After conferencing with our staff on our plan of action, I felt confident that our residents would be well taken care of. I knew that everyone would be monitored; I knew that the food was getting prepared, sidewalks were getting salted, EMT's were on alert, heat was in tack and supplies were in order. I knew that everyone would be warm and that staff would be on top of things if anything happened.

It is the snow/ice weekends that makes one really appreciate and understand the value of assisted living. Family members of our residents can take comfort in knowing that loved ones are safe, warm and very well nourished. Although it is difficult for some to take this step and leave their homes, this comfort allays any questions or concerns one might have when deciding to move into an assisted living facility.

I can only imagine how I will feel if I ever should need to leave my home to move into assisted living. Thankfully, being the Executive Director at Winthrop Court has taught me lessons that could never be found in any textbook. I cherish my experience from seeing how many of you have transitioned to your new lifestyle. I often laugh when I visit some of you and take notice of how your decorating reminds me of the college days...downsizing our homes yet relishing the excitement of a new chapter in our lives!

So for now, let's hope for a wonderful spring season. Let's welcome March with open arms! We will remember the snow/ice and know that we were tested for our patience and our attitude. Even knowing that spring should be nice, pleasant weather, I dare say... will we be tested for our patience and attitude? I think so.....

And not to forget St. Patrick's Day! Start finding your lucky green and make plans for the party. I am sure David and Laura have plans to share!

Have a great month! Love Cynthia



**Happiness**  
is an attitude.

We either make ourselves miserable,  
OR happy and strong. The amount of  
work is the same.

FRANCESCA REIGLER

# Let's Celebrate Life!



June Bradshaw reads to the students of Winthrop Academy. The students visit Winthrop Court on a regular basis and love the readings.



Mary Bess Gable is proud of the Snowman she made at a recent craft event. Crafts are a strong part of the Winthrop Court Activity program.



This group recently enjoyed a day trip to the Riegeldale Tavern in Trion for a delicious meal.



Carey Cox takes on Allie Mackimm a local Darlington Student, who visits every month.



St. Mary Cub Scout Troup recently stopped by to deliver cup cakes and Valentine's to the residents.



"Scotty" and Activity Director David Duke entertain the residents of Winthrop Court.

# Special Guests



L-R: Paul Puckett & Lynn Baines, a local singing talent, performs for the residents during a recent birthday celebration; Robbie Silver & Barry Gable sing at last month's annual Valentine Party; The DeSoto's, a brother and sister team, entertain residents of Winthrop Court; The Bob Davis Trio recently entertained the residents on a Saturday afternoon. This trio sings and performs in the North Georgia area.

## Welcome



**New Resident Services Director – Brenda Grissom**  
 Brenda Grissom comes to Winthrop as a Licensed Practical Nurse with an extensive nursing background. She has worked in a nursing home as a charge nurse and also in a hospital on the pediatric floor. Brenda carries an excellent reputation as a compassionate, experienced, health care professional and comes to us highly recommended and well known for her top notch "nursing skills". A former coworker stated "anyone wanting to be a nurse would want to model themselves after Brenda"!  
 Brenda is originally from Cedartown, Georgia. She graduated from Cedartown High School and Coosa Valley Technical College. She has continued to pursue her nursing degree at Georgia Highlands College and Georgia Northwestern Technical College.  
 Brenda is married to Lee and they have two children, Ben and Hannah. Her family is most important to her and together they enjoy their church, camping and swimming. A walk in the park is her favorite! Welcome to Brenda Grissom...we are so glad you are here!