

Winthrop Court

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Rome, Georgia 30161

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Winthrop Court, located on Highway 411 East in Rome, is a locally owned and operated senior living community. Offering a real taste of home, this community specializes in assisted and independent living with services such as meal plans, social activities, transportation, respite care, personal care assistance and 24 hour monitoring. Our programs and services are designed to promote individuality, dignity, respect and privacy while nurturing the spirit of each person in a safe, nurturing environment.

MANAGEMENT TEAM

**Cynthia Murphy
Burnes**

Executive Director

Jan Churchill
Resident Services Director

David Duke
Activities Director

Laura Harrison
Transportation & Activities

Polly Law
Administrative Assistant

Doris Reynolds
Food Services Director

Winthrop Court

A Very Special Thank You to our wonderful, generous team of volunteers who donate their time each month to enrich the lives our residents!

**Georgia Mountain Music Club for providing talent and entertainment to the residents of Winthrop Court throughout the year!*

Meeting our Spiritual Needs:

2nd Ave Baptist Church
First Baptist Church of Lindale
West Rome Baptist Church
Harry Taft, Spring Creek Baptist Church
Jim Davis
Rev. Detrick Redding
Tom Carver, 1st Presbyterian Church
Bob Horsley, 1st Presbyterian Church
Charles Williams, 1st Presbyterian Church
Margaret Callicott, 1st Presbyterian Church
Kelly Hudson, 1st Presbyterian Church
Ron Cockrell, First United Methodist

Health Care Agencies:

Zada Davis, Coosa Valley Home Health
Izella Whetstone, Amedisys Hospice
Lori Omalia, Floyd Hospice
Ron Massengill, Hospice Advantage

Other Volunteers:

Georgia Mountain Music Club
Virginia "Sarge" Myers
Winthrop Academy
Chick-Fill-A
Paul Puckett
Lynn Bains
The Desoto's
Phil & Frances Herron
Fran, Wal-Mart Eye Care
Terri Helton
Doris Green, Dottie Munchoff
Shirley Satcher
**McGuire, Jennings, Miller Funeral Home for providing birthday cake for our birthday celebration in January.*

Thank You!

Winthrop Court

Senior Living Community

February 2009

A Message from the Executive Director

LIVE LIFE WITH US!

February...Ok, it's that time of year when sharing your heart with someone you love is expected by most! Now, a card will do or a phone call, whatever your heart tells you to do.

I think of my grandmother often when I think of special holidays. She never forgot and that is what grandparents are suppose to do! Never forget! As a child, I knew my grandmother would remember, how could she forget? I remember her to be wise and she knew my heart better than I did. We would have long conversations about my particular love for that year. She would offer advice and even share some of her past with me. I treasured her thoughts and opinions, after all she was someone I could trust and I knew that my thoughts would remain with her! What a valuable relationship!

I can only imagine that many of you have built long lasting relationships with your grandchildren, nieces and/or nephews. I have heard many others mention that they shared with their grandmother far more than their parent. I wonder why?

My experience taught me to really try hard to build a good relationship with my daughter and son. I think I have been successful. My children share a lot with me and I do the same with them. I sometimes marvel at how their adulthood has allowed me to learn from them. Interestingly, their comments are far more wise than I ever was at their age. I will say that they seem to value my mother's relationship as I did with my grandmother; however, I think they value me also.

For the many years I treasured my grandmother's advice. I think I secretly longed to have a very close relationship with my mother. The times were different and what we were suppose to discuss with our parents were restricted, why, I do not know? But because of those years, I purposely set out to be different with my children.

My message this month is simple. I should continue to reflect on my experiences and view with opportunities to grow.

I am grateful for my mother and her mother. Both very wise women and willing to show their strength. I am older and now able to share with my mother. I forgive those years that she chose to be distant. I reflect back on those years and know there has been growth for me. If I can be as wise and strong to my children, I am grateful and give thanks.

So, back to Valentine's Day...I will likely get a card or something for my husband, children, grandson and my mother and I will remember how special they are to my heart! I must tell them I love them and not assume they know. I ask that you do that also...your loved ones are special and one day, someone might be writing an article expressing how you touched their life!

Life is a challenge and can pass us by quickly. Simply saying "I love you" is priceless. We all want to be loved and we can all share those priceless words... starting today! If you have not done so, it will make your heart feel good. I have said it before, if we share generously and regularly with our loving hearts, we would be celebrating Valentine's Day every day!

Hugs and Kisses! Cynthia



Sometimes the heart sees what is invisible to the eye

Now That's Entertainment!



The Georgia Mountain Music Club are frequent guests of Winthrop Court and bring a medley of toe tapping, knee slapping selections. The groups is well known in the area and a favorite with the residents. They perform at Winthrop Court several times each year and bring joy and laughter to the residents.



Dave WhiteWolf Trezak, a native of Ocala Fl., is a professional, dynamic, audience interactive solo entertainer in the field of American music. Dave is very popular with the residents at Winthrop Court.

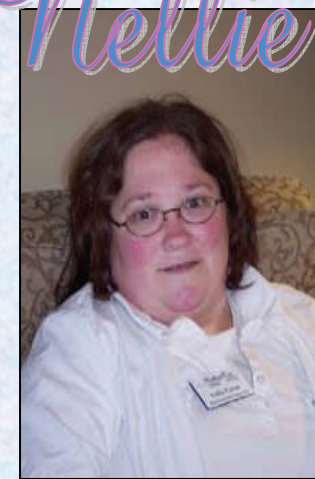


Phil and Frances Herron chat with resident Elsa Patterson. Phil and Frances travel the world and provide monthly slide shows and informational sessions for the residents of Winthrop Court. Elsa, originally from Italy, engages in a conversation as she discusses with them their recent trip to Italy.



James Hancock sings and laughs with the residents of Winthrop Court. James is from the Summerville area and often is scheduled to sing Karaoke style popular music for our residents.

Nellie Carter



Congratulation to **Nellie Carter** who was selected as this month's "Employee of the Month".

Nellie has been a member of the Winthrop Court team since April, 2008. She has proven very quickly that she is a team player and has the ability and skills to handle the responsibility of her current position as a Med Tech.

Nellie was selected as this month's "Employee of the Month" because she has exhibited willingness to serve the Winthrop community and her compassionate, kind personality continues to be demonstrated even when she is sometimes very tired. One of the residents commented that she shows patience and kindness even when she is tested.

Nellie has been scheduled on occasions to serve various shifts and schedules, which is a test of physical endurance. She manages to balance her work schedule along with being a mother and wife. As most have learned, Nellie's daughter is very important to her and she has managed to work difficult schedules while keeping her role as mother a priority.

Recently, during some very challenging weather conditions, Nellie was very quick to offer to stay overnight so that morning medications could be administered if the scheduled Med Tech was unable to drive to work. Always, when we have snow and ice to contend with, we must ensure that all medications will be administered regardless of weather conditions. Her volunteering to leave her family and be available to provide a very important service was clearly a test of loyalty and willingness to our residents. We offer our congratulations to Nellie Carter and are honored to have her as a member of the Winthrop Court team!

Keep that Brain FIT



Walley Barnard and Rosa Bryant and proud of their accomplishment as the assisted in completing a recent Sudoku Puzzle at Winthrop Court. Sudoku is a number puzzle and is a part of our Brain Fit Program that is offered at Winthrop Court. This program is designed to keep the brain active and healthy.



Left: Virginia Myers keeps a close watch on her son-in-law Henry Pollitz who recently called a game of BINGO at Winthrop Court. Virginia sponsored the a special day of BINGO with her family Connie & Henry Pollitz. All prizes were wrapped and had a special envelope in each with cash awards from \$1.00 to \$20.00.

Right: What a surprise! Nelda Wright holds up a big win at the recent BINGO event. Nelda is one of many winners during the event.